

SOS Rules

- CUSD policies and Dress Codes apply (Zero Tolerance will apply).
- **Students are not allowed anywhere at anytime without an adult**
- Shoes must be worn at all times while outside.
- Running is not allowed in the camp except in designated areas (blacktop, gym, etc.). Please stay on trails, pathways, etc.
- Do not bring in outside food or snacks.
- Make sure trash is always placed in trash cans.
- Rocks, sticks, etc. should not be picked up or thrown.
- Be on time for all classes and meals.
- Students are not allowed around or in the dorm of the opposite gender.

What to Bring

- **2 blanket bed roll or sleeping bag AND pillow**
- 2-3 pair of jeans (older is better)
- A few T-shirts (at least 1 with long sleeves)
- Underwear (at least 1 pair each day and extra)
- Socks (at least 1 pair each day AND 2-3 extra pair)
- Something to sleep in (PJ's)
- 1-2 pair of close-toed shoes (old tennis shoes, comfortable hiking boots?)
- 1 jacket or heavy sweatshirt
- gloves (optional), hat of some sort (optional)
- Bathroom needs: comb or brush, shampoo, soap (in container or baggie), at least 1 **bath towel**, hand towel, TOOTHBRUSH and toothpaste, travel tissue, chapstick, deodorant, sandals for showering (optional), etc.
- 1 large trash bag for dirty clothes, and 2 small plastic grocery bags for wet conditions.
- Water bottle, Flashlight, Camera, Fanny pack or Backpack
- **Sack lunch for day 1**, sunscreen, pencils, small notebook
- A Great ATTITUDE!

Do NOT bring anything electronic, extra food or candy, knives, matches, valuables, etc.