

Liberty Elementary

March 11, 2024



eekly Hawkline



Hello Skyeeehawks,

As I mentioned last week, this month's Positivity Project Character Strength is Leadership. Some might think, "This character trait is for people like Mr. Petersen, because he's a principal of a school". Well, that's not the way I see it. I believe teachers are leaders of students in their classrooms, and parents are leaders of their children. Our Skyhawks are surrounded by leaders, and we want them to become leaders. This is an important character strength for all of us.

The research indicates that one of the most effective leadership styles is a mentoring-leadership style. Mentors are knowledgeable, flexible, patient with failure and struggle, good listeners, give constructive feedback, model how to do something correctly, giving of their time, honest and candid, value diversity of perspectives, able to network and find resources, just to name a few qualities of a mentor. Students learn best from mentors, not from words on a piece of paper or rules and regulations, or a relationship with a screen. Mentors build internal motivation through a relationship. Whereas a disciplinarian (which is another leadership style) builds external motivation through rules that reward and punish outcomes. Those schools and classrooms that focus on internal accountability sustain better results than those focused heavily on external accountability. A mentor uses a relationship to transform a heart, instead of relying exclusively on reward and punishment to shape behavior. Are both styles needed and important for a safe and disciplined learning environment? Yes, but the craft of a mentor is to build capacity within students so that they can be successful in life, eventually with little or no assistance from the mentor. Whereas strict disciplinarians police behavior from moment to moment to create continuous obedience through fear. Studies show that this leadership style creates students who give up easily and default to bad behavior when no one is watching.

An effective mentor will come along side those who struggle, not to rescue or halt the growth process, but provide the assistance needed to successfully navigate the struggles. If failing to be good brings immediate comfort and pleasure, the student will be tempted to choose failure over achievement every time. A good mentor builds grit in students to find a healthy balance between struggle and support, between negative and positive reinforcement. Too much struggle can overwhelm the person who needs to change. Too much support can coddle and enable the person to remain in failure. A mentor not only provides the wisdom needed to navigate the difficult journey but will also help sustain the student's value for standards of excellence.

The best way to teach students is through families and schools. These are the social structures that rely on mentoring leaders. Let's work together to make sure Skyhawks are surrounded by mentors.

Fly High, Fly Proud, Fly with a Mentor

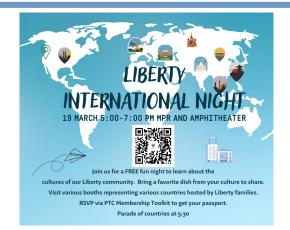
Mr. Petersen

Liberty Elementary School

## **Positivity Project**

These students are being recognized for Positivity Project character trait of *Leadership* 

	<u>Heuteronip</u>
K1 AM	Nadia M.
K1 PM	Abigail G.
K2 AM	Grace R. & London D.
K2 PM	Elizabeth H.
Room 1	Jase D. & Aria M.
Room 2	Taylor P. & Madi Z.
Room 3	Carlee W.
Room 6	Adrian N. & Daniel S.
Room 7	Ryan H. & Hriyan K.
Room 8	Shea H. & Austin B.
Room 9	Annabelle F. & Beau M.
Room 10	Neeli S. & Grayson S.
Room 11	Molly R. & Aiden S.
Room 12	Jameson W. & David Y.
Room 13	Lola S. & Knox T.
Room 14	John H.
Room 15	Marcella O.
Room 16	Mason M.
Room 17	Jake T.
Room 18	Boston M.
Room 19	Авьу А.
Room 20	JiaQi W.
Room 21	Callum T.
Room 22	Camille B.



Classroom Music 2:45 - 3:45 Sports Practice 3rd Grade Math Club Math Mania (Room 13) Detention - Room 9	7:00 3rd Grade Reading Club 7:15 2nd Grade Reading Club	7:00 3rd Grade Reading Club	Classroom Music
Sports Practice 3rd Grade Math Club Math Mania (Room 13)	-		
Detention - Noom 9	Classroom Music	2:45 - 3:45 Detention - Room 9 Sports Practice	Snack Shack
	1:15 Early Dismissal		
Tuesday, March 12	Wed., March 13	Thursday, March 14	Friday, March 15
5:30 PTC Meeting	3:30 - 4:30 2024-2025 Cheer Clinics	4:00 - 5:00 Cheer Try-Outs	8:25 Kastner 6th Grade Rall
			1:30
			Spring Rally
			Home Game vs. VO!
Tuesday, March 19	Wed., March 20	Thursday, March 21	Friday, March 22
4th Grade Field Trip	8:30 4th Grade Spotlight	Spring Picture Day	Last day to purchase a yearbook!
5:00	5th Grade Wax Museum		-
International Night	4:00 - 5:00	Rastlel AVID	Kindergarten
	Cheer Try-Outs	Game Day @ FW	Spring Party
PTC Dinner Night-Out		5:30	6:30 - 8:00
6.30		Kindergarten	Baseball Feeder Night
		Exclavagaliza	
		6:00	
	5:30 PTC Meeting Tuesday, March 19 4th Grade Field Trip 5:00 International Night	5:303:30 - 4:30 2024-2025 Cheer ClinicsPTC Meeting2024-2025 Cheer ClinicsTuesday, March 19Wed., March 204th Grade Field Trip 5:00 International Night8:30 4th Grade Spotlight Sth Grade Wax Museum5:00 International Night4:00 - 5:00 Cheer Try-OutsPTC Dinner Night-Out 6:30 Boys' Volleyball Feeder	Tuesday, March 12Wed., March 13Thursday, March 145:30 PTC Meeting3:30 - 4:30 2024-2025 Cheer Clinics4:00 - 5:00 Cheer Try-OutsPTC Meeting2024-2025 Cheer Clinics4:00 - 5:00 Cheer Try-OutsTuesday, March 19Wed., March 20Thursday, March 214th Grade Field Trip 5:00 International Night8:30 4th Grade Spotlight 5th Grade Wax Museum 4:00 - 5:00 Cheer Try-OutsSpring Picture Day 8:00 Kastner AVID Game Day @ FWPTC Dinner Night-Out 6:30 Boys' Volleyball Feeder5:005:30 Kindergarten Extravaganza

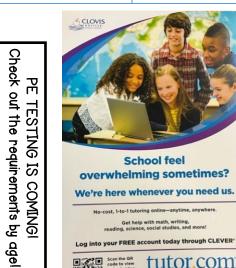
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6	2:25	2:05	1:53	6:14	5:06	4:23	5	10	25	8	16	3	7	12	25	6	12	18
7	2:16	2:00	1:48	5:55	4:48	4:03	7	14	25	8	16	4	9	15	25	6	12	18
8	2:10	1:51	1:41	5:39	4:32	3:47	10	20	30	8	16	6	11	17	30	6	12	18
9	NA	NA	NA	5:14	4:05	3:32	14	24	30	8	16	7	11	20	30	6	12	18
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10				5:16	4:06	3:28	16	26	50	9	16	6	13	19	30	9	12	18

Note: 85% tile does not apply to Kindergarten students, only 1st through 3rd grade students

CUSD Standards for Healthy Fitness Zones / 85%tile Grades 4 to 12

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	l Mile Run # Low # High 85%tile			Curl-up				: Saver : Reach Max	Pull-up #Low #High 85%tile			Modified Pull-up* # Low # High 85%tile Max				Trunk Lift			
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16	7:30	7:00	6:12	37	47	65	8	16	5	8	13	12	15	22	30	9	12	18	
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9	11:15	10:07	9:08	12	22	50	9	16	1	2	4	6	13	16	30	6	12	18	
10	11:00	9:30	8:50	16	26	50	9	16	1	2	4	6	13	19	30	9	12	18	
-11	10:30	9:00	8:36	19	29	50	10	16	1	2	6	6	13	19	30	9	12	18	
12	10:00	9:00	8:05	22	32	50	10	16	1	2	5	6	13	19	30	9	12	18	
13	10:00	9:00	8:01	22	32	50	10	16	1	2	4	6	13	19	30	9	12	18	
14	10:00	8:30	7:54	22	32	50	10	16	1	2	5	6	13	19	30	9	12	18	
15	10:00	8:00	8:10	25	35	60	12	16	1	2	5	6	13	19	30	9	12	18	
16	10:00	8:00	8:13	25	35	60	12	16	1	2	5	6	13	19	30	9	12	18	
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17+	10:00	8:00	8:28	25	35	60	12	16	1	2	8	6	13	19	30	9	12	18	



## 2024-2025 Cheer Tryouts:

March 13th: Clinics 3:00-4:00 March 14th: Tryouts \*after sports practice March 15th: Paperwork/payment due April 3rd: Uniform Fittings \*\*Questions? Email Taryn Hansen & Jamie Sassano\*\*

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